

	INFORMATIVE BOOLETS
SR	
1	Snapshots of micro planning
2	Process Documentations of Micro Planning
3	The Gazette of INDIA
4	File -Peaditric Record keeping &Growth chart
	SAMPLES
SR NO	
1	Electral powder (W.H.O)
2	Barium Sulphate
3	Mercury
4	H2O2
5	Gentian Violet
6	Formalin Tablet
7	Distilled water
8	Bleaching powder
9	Cresol
10	Potassium Permanganate Alum
11	Iodine Solution
12	Contraceptives
	a] Mala -N
	B] Mala-D
	c] Condom
	d]CU 20-2
	e]Nugard 200-2
	f]IUCD-Copper T 380 A -3
	SPECIMENS
SR	
13	CEREALS
	a] Rice
	b]Wheat
	c]Bajara
	d]Jowar
	e]Ragi
	f]Suji
	g]Wheat flour
	H]Oats
14	PULSES
	a] urad dal
	B]Masor dal
	c]Moong dal
	d]Chanada dal
	E]Tur dal
	F]Moong

	g] Maize
	h]Soyabin
	I]Tuvar
	J]Chavli
	K]Rajma
15	Flesh food
	a]Egg
	b]Fish
16	Nuts
	a]Ground Nut
	B]Chana
17	Others Nutrients
	a] Cheese
	b]Milk
	c]Bread
	d]Honey
	e] Papad
	f] Coconut
	g] Beer/Alcohol
	h] Chocolate
	I]Butter
	J]Cashewnut
	k]Almond
	l]Dates
	m]Raisins
	n]Curds
	O]Biscuits
	P]Cooking oil
	q] Iodized salt
	r] Cornflakes
	S]Pepper
	T]Corn flour
18	FRUITS
	a]Chickoo

	B]Orange
	C] Sweet lemon
	d]Mango
	e]Apple
	f]Custard apple
	g]Pappaya
	H]Bananas
	I]Grapes
	J]strawberry
19	VEGETABLE
	a] Capsicum
	b] Tomato
	C]Bringal
	d]lemon
	e]Maize

	f]Raw mango
	g]Ladies finger
	h]Bitter guard
	i]Beetroot
	J]Cinnamom
	MEDICINES
SR NO	
1	Haematinic Capsules [Iron Supplements]
2	B-complex with Zinc
3	Calcium supplements
4	Anti Hypertensive Drugs
5	Anti Diabetic drugs
6	Inj T.T
7	Arnica
8	Hypericum
9	Ledum pal
10	Staphysagaria
11	Tarantula Hispania
12	Tarentula Cubensis
13	Anthracinum
14	Ferrom phos
15	Arsenic Album
16	Thuja occidentalis
17	Psorinum
	BOOKS [DEPARTMENTAL LIBRARY]
SR NO	
1	PSM by park & park PSM 27 edition
2	Food & nutrition
3	Drugs & Cosmetics Acts 1940
4	Clinical Book on P.S.M
5	MCQ 'S in Social & preventive Medicine
6	A Treatise on ORANON of medicine
7	Community medicine DR BALARAM JANA
8	PSM Quick Review DR Arun YADAV
	INSTRUMENTS
SR NO	
1	Fortin Barometer
2	Alcoholmeter
3	Hydrometer -1
5	Dry -wet the momter
	VACCINES
SR NO	
1	D.T.P.

2	O.P.V
3	Chicken pox vaccine
4	Hepatitis vaccines
	SLIDES
	PROJECTOR SLIDES 90
	IMMUNIZATION SLIDES -15
	CD 'S – VIVA IN P.S.M on third edition Text book of p.s.m Gupta & Mahajan CD on M.C.H.
	CD'S on MCH ...3
	CD 'S on Visits
	a] Surya dam
	b]Pasteurisation of Milk – Mahananda Dairy
	BIG CHARTS
SR NO	Particular
1	E Coli
2	Balanced diet
3	Leprosy
4	Tuberculosis
5	Environmental pollution
6	Nutrients
7	Biogas plant
8	Diphtheria
9	Vit -A-Xerophthalmia
10	Spread of Malaria & life cycle of P.Falciparum
11	Life cycle of Enterobius vermicularis
12	Evolutionary cycle of Dracunculus Medicines in Man & Crops
13	HIV / AIDS
14	Health is wealth
15	Harmful& useful Insects
	NUTRITIONAL HEALTH PROGRAMME
	Food Adult
1	Vit 'B
2	Vit C
3	Vit A
4	Vit b'2
5	Vit E
6	Mangnesium

7	Iron
8	Ioding
9	Vit k
10	Zinc
11	Phosparus
12	Fluomins
13	Vit B2 .,B4
14	VIT B6 , Vitamine B5
15	Fortin's barometer
16	Hydrometer
17	E coli
18	Globe thermometer
19	Breakfield filter
20	Health indicoder
21	Water cycle
22	National health programme
23	Breast feeding mother and child
24	Level of health care